

Women and Hair Loss Solutions



Women are constantly at war with their hair... trying to make it curlier, straighter, longer, and fuller or even changing its color. But the one battle no woman wants to fight is hair loss.

Once a taboo subject, female hair loss

is receiving more attention in both the medical community and in the media today. It's no wonder, with an estimated 30 million women in the U.S. are experiencing some form of hair loss.

There are many reasons why women lose their hair, some genetic, some self-inflicted trichotillomania (hair pulling- often a nervous disorder or for moa OCD). The most common cause for both men and women is called "androgenetic alopecia."

Hormonal Imbalance and Hair Loss

Hair loss in women is largely attributed to hormonal imbalance, as it is in men and is one of the lesser known and less common menopause symptoms. Hair loss is not as prevalent in women because women have more estrogen than men and that in turn helps balance out the effects of androgens, namely dihydrotestosterone (DHT), that typically lead to female hair loss. Other hormonal imbalances such as thyroid problems and genetic hormonal responses to autoimmune conditions can also cause thinning of the hair and premature balding in women. Often a woman will experience hair loss associated with pregnancy as well.

Another common infliction is called emotional stress associated hair loss. Although women don't have nearly as much testosterone as men, when women undergo intense stress, the adrenal glands become overworked due to an increased need for the "stress hormone" known as cortisol. This causes the body to produce more adrenaline and testosterone, and DHT, a stronger variant of testosterone. The increased production of these hormones can sometimes cause the hair to fall out due to the resulting hormone imbalance.

Women can bring hair loss on themselves by over processing the hair with excessive coloring,

straightening, perming or traction alopecia caused by tight hair weaves and extensions that pull out the hair.

Still, there are even more causes and forms of hair loss that women experience every day. Proper diagnosis and treatment recommendations should be sought from a dermatologist or hair loss specialists.

More and more people are turning to home use treatments such as the FDA approved Hair Max Laser Comb. The American Hair loss council recommends the use of only FDA Cleared/ Approved treatments.

There are currently only two FDA accredited hair loss treatments available for women, an over the counter topical drug containing Minoxidil, such as Rogaine 2% and the non-drug laser photo therapy home use medical device, the HairMax LaserComb. Women should be wary of other lotions and potions on the market that claim to provide a cure.

Unlike laser hair treatments available in Men and Women's Salons for literally thousands more, this is a hand held device available at a one-time expense that will last you for years. It emits a gentle red light onto your scalp, stimulating new hair growth. It was developed in Sydney Australia and highlighted by TIME Magazine as one of the "Inventions of the Year", and it is manufactured in the USA with patents pending in 104 countries. At this time the Laser Comb is the first and only medical device clinically proven to treat male pattern baldness. It can be used alone or in conjunction with other hair loss treatments.

For more information on at-home laser treatments visit www.hairmax.com For information on women's hair loss in general visit www.hairfoundation.org.

Un-retouched photographs of actual HairMax LaserComb users.

